

# Broomfield Adult Volleyball Rules



Current United States Volleyball rules apply in conjunction with the following:  
Adult Sports Coordinator has elastic power in making decisions that benefit the league.

## GENERAL RULES (6s)

### 1. Team rosters:

- a) Players must be on a roster before he/she can play.
- b) Players can only be on one roster per league.
- c) Players' names must appear on the roster and they must be 16 years of age.
- d) In order to play in the league tournament players must be on the roster AND have played in at least one league game. Teams cannot add players to their roster for the tournament only.

### 2. Game Regulations:

- a) The first 2 will be rally scoring to 25 with teams having to win by 2 points (27 max points). The third game will be played to 15 with teams having to win by 2 points (17 max).
- b) **4 GAME SETS** - Nights with 4 games will also be played under a time limit of 50 minutes. Score at that point will be the final score. There will only be 2 minutes before the next set of games start. This will ensure we are leaving the building by 10pm
- c) Game time is forfeit time. At 10 minutes after scheduled start time, forfeit the second game, and at 15 minutes after, the match is officially a forfeit.
- d) Teams are allowed 1 timeout per game.
- e) Teams may warm up in between matches if time is available.
- f) Net Heights – COED (7'11<sup>5</sup>/<sub>8</sub>" ), WOMEN (7'4<sup>1</sup>/<sub>8</sub>" ).

### 3. Team Composition:

- a) Team may start and finish with four players.
- COED**
- b) Teams may never have more than 3 males (2 males if playing with 4).
  - c) Minimum number of females = 2 and the maximum = 6.

### 4. Substitutions:

- a) Substitutions must be in the same place throughout the entire game.
- b) **COED** – when rotating, must rotate in for same sex (male to male, female to female).
- c) GHOST Play/calls –
  1. Coed – sideout used when back-to-back men come up to serve. Not used with back-to-back females.
  2. Coed – do not use ghost sideouts when teams are playing 2 guys 2 gals.
  3. Women – No ghost sideouts used.
  4. Start of the game must be alternating male/female on the floor.

### 5. General Rules:

- a) **COED** - If the first 2 contacts on the ball are made by males, it must be touched by a female before it goes over the net
- b) Rally scoring will be used
- c) Let serve is good
- d) One toss per serve, penalty is side out point for the other team
- e) First ball over may be played with double contact, but not a lift.
- f) **Underneath the net** - If a player's hand or foot remains in contact with the plane of the centerline it is legal, but if half or more is beyond the line it is a violation. If any other part of your body touches the opposing court, it is also a violation. **This is a modification for safety reasons.**

- g) Libero will not be used in adult leagues. Teams will follow 6 person rotations.
- h) Backrow players can block at the net but cannot attack (unless behind the 10' line).

6. **League specific rules:**

- a) Line calls will be made on the honor system and if not agreed upon then a replay will be signaled.
- b) Teams are asked to help with setup and take down of equipment.
- c) Children and spectators are welcome as long as they stay court side. Rec Centers - Use of the facility is not allowed unless a drop in fee has been paid.
- d) Captains are responsible for their players knowing the rules and for their actions during play.
- e) Standings will be updated and posted to the web schedules.

**Player Conduct:**

Any player that has been issued a red card (or ejected) will be removed from the remainder of the match and must leave the facility. A second card (ejection) will be removed from the match and the next match. Depending on the severity of each case, the Adult Sports Coordinator has elastic power in making decisions that benefit the league.

**Protest** on player eligibility must be made before the last point of the first game. At the time of protest a \$20 CASH fee must be paid to the gym supervisor. Player(s) in question will have 5 minutes to produce a picture I.D. If no proof of picture I.D. is available, the game the player was participating in is a forfeit. If the protest is upheld the \$20 fee will be returned.

**TOURNAMENT PLAY:**

**Leagues with less than 8** – all teams will play in single elimination tournament play.

**Leagues with 8+ teams** – Top half of the league will play a single elimination tournament; second half will play a power play game against a team with a like record.

**Tie Breakers:**

- Forfeits
- Head-Head
- Head-Head point differential
- Fewest point allowed
- Coin flip